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<http://www.reutershealth.com/archive/2008/02/15/eline/links/20080215elin009.html>

2. "Home air filters may improve elders' heart health," by Anne Harding (Reuters Health, Feb. 15, 2008).  
<http://www.reutershealth.com/archive/2008/02/15/eline/links/20080215elin023.html>

3. "Study identifies which men are likely to have persistent prostate cancer" (Eurekalert [American Association for the Advancement of Science], Feb. 14, 2008).  
[http://www.eurekalert.org/pub\\_releases/2008-02/fccc-siw021108.php](http://www.eurekalert.org/pub_releases/2008-02/fccc-siw021108.php)

#### 4. HHS Releases New Health Literacy Tool

The Quick Guide to Health Literacy and Older Adults is designed to provide useful strategies and suggestions to professionals who work with older adults to help bridge the communication gap between professionals and older adults.

<http://www.health.gov/communication/literacy/olderadults/default.htm>

#### 5. NIA's Web Training Curriculum Now Available

[www.nihseniorhealth.gov/toolkit](http://www.nihseniorhealth.gov/toolkit)

#### 6. AJN Releases Latest in 'Try This' Series

The American Journal of Nursing has announced the newest two entries in its "How To Try This" series. To read or view the articles and videos featured this month, go to [www.nursingcenter.com/AJNolderadults](http://www.nursingcenter.com/AJNolderadults)

A. The Mini-Cog: As the population grows and the proportion of older adults increases, the incidence and prevalence of dementia are expected to increase dramatically. Health care providers' outdated belief that confusion is a normal part of aging contributes to significant under recognition of dementia in all settings. Early recognition and diagnosis are critical to carrying out best practices in the care of older patients. The Mini-Cog is a simple, effective, easily administered screening tool that can uncover cognitive impairment in its earliest stages. The tool consists of a three item recall task and a simple clock drawing task. The Mini-Cog takes only three to five minutes to administer and requires minimal training. For a free online video demonstrating the use of this tool, go to <http://links.lww.com/A204>. This Video includes a demonstration of the Mini-Cog assessment and interpretation, as well as outlines a range of care plan considerations that will help patients and family members make comprehensive plans to maximize autonomy and safety.

B. Detecting Delirium: For patients and their loved ones, delirium can be a frightening experience. A fluctuating mental status is important to identify because it often signals a need for additional treatment. The Confusion Assessment Method (CAM) diagnostic algorithm enables nurses to assess for delirium by identifying the four features of the disorder that distinguish it from other forms of cognitive impairment. It can be completed in five minutes and is easily incorporated into ongoing assessment of hospitalized patients. For a free online video demonstrating the use of this tool, go to <http://links.lww.com/A209>. A video demonstrating the use of CAM in patients with and without an underlying dementia, and including Assessing and Managing Delirium in Older Adults with Dementia (that will be published in AJN's January issue), will be available at that time.

7. Training Guide from the National Institute on Aging Helps Older- Adults Find Health Information Online Toolkit for Trainers in now available on [www.NIHSeniorhealth.gov](http://www.NIHSeniorhealth.gov), a senior friendly Web site developed by the NIA and the National Library of Medicine.

#### 8. Aging Research Resources

The start of a new year brings the start of a new semester for many of us. And subsequently, the start of a new semester means that we will begin to work on papers and projects for our classes or research. With and abundance of resources available that cover a wide range of topics and disciplines, it can be challenging to find information specifically related to aging and gerontology. Here are some great resources that you can access in order to assist you with your search for pertinent information. This resources are made available through AARP.org for more information about these resources contact [ageline@aarp.org](mailto:ageline@aarp.org)

A. AARP Policy and Research ([www.aarp.org/research](http://www.aarp.org/research))

This website contains the research for results and policy analyses conducted or sponsored by AARP.

B. AgeLine Database ([www.aarp.org/ageline](http://www.aarp.org/ageline))

This database contains abstracts for 600 journal titles in addition to books, chapters, research reports, dissertations, and videos dating back to 1978.

C. Internet Resources on Aging ([www.aarp.org/internetresources](http://www.aarp.org/internetresources))

This Database contains information and links to over 900 websites that are specifically for and about older adults.

D. AgeSources Worldwide ([www.aarp.org/research/agesource](http://www.aarp.org/research/agesource))

Clearinghouses, databases, libraries, directories, statistical resources, bibliographies and reading lists, texts, and web "metasites" that focus on aging are contained within this database. This database enables you to search for material in English, French, or Spanish.

Acronyms in Aging: Organization, Agencies, Programs, and Laws

(<http://www.aarp.org/research/reference/agingtrends/aresearch-import-881.html> )

This guide identifies some of the most commonly used acronyms in the field of aging and provides some brief information about them.

9. EVENT: National PBS Film on Caregiving

DATE AND TIME: April 2, 2008 at 9:00PM (check local listings)

LOCATION: Your local PBS television channel

TITLE/TOPICS: "Caring for your Parents"

DESCRIPTION: This 90-minute documentary film, followed by a 30-minute panel of experts, will launch events and projects across the country focused on creating community conversations around caregiving. The film and the outreach campaign will offer tangible tools for families as they struggle to have "the conversation" with their aging parents or other elders. NOTE: To assist in these outreach efforts, WGBH has created extensive online resources, including a downloadable Caregiver Handbook and accompanying handouts, which will be available on [www.pbs.org/caringforyourparents.org](http://www.pbs.org/caringforyourparents.org) beginning March 2008.

SPONSORED BY: WGBH, TV-Boston, AARP, National Association of Social Workers, National Association of Area Agencies on Aging, and the National Alliance for Caregiving

FOR MORE INFORMATION: Contact Doug Cunningham, Executive Director the Iowa Respite and Crisis Care Coalition, Local (515)-309-0858 Toll Free (877)-255-3140 or [ed@irccc.com](mailto:ed@irccc.com)

There is also a limited number of free OUTREACH TOOLKITS, including two event posters and a DVD screener that provides 30 minutes of the film and the full panel of experts to members who request them. We ask that you not hold public screenings using the DVD screener until one week prior to the premiere broadcast on April 2nd.

[Order your Outreach Toolkit>>](#)

10. "Medicare Won't Pay Hospitals for Errors," by Luran Neergaard (Associated Press via \_Google News\_, February 18, 2008).

[http://ap.google.com/article/ALeqM5jB-58YaOW3Yjic3YUHODkwB2i\\_2qD8USTTL81](http://ap.google.com/article/ALeqM5jB-58YaOW3Yjic3YUHODkwB2i_2qD8USTTL81)

11. "Fighting Bedsores With a Team Approach," by Amanda Schaffer (\_New York Times\_, February 19, 2008). Note: \_NYT\_ requires free registration before providing articles.

<http://www.nytimes.com/2008/02/19/health/19sore.html>

12. "Midlife Suicide Rises, Puzzling Researchers," by Patricia Cohen (New York Times, February 19, 2008). Note: \_NYT\_ requires free registration before providing articles.

<http://www.nytimes.com/2008/02/19/us/19suicide.html>

13. "Merging discovery with therapy: Second generation memory care debuts," (Eurekalert [American Association for the Advancement of Science], February 19, 2008).

[http://www.eurekalert.org/pub\\_releases/2008-02/iu-mdw021908.php](http://www.eurekalert.org/pub_releases/2008-02/iu-mdw021908.php)

14. "Gentlemen, 5 Easy Steps to Living Long and Well," by Nicholas Bakalar (New York Times, February 19, 2008). Note: \_NYT\_ requires free registration before providing articles.

<http://www.nytimes.com/2008/02/19/health/19agin.html>

15. "Glucosamine no better than placebo for hip arthritis," (Reuters Health, February 18, 2008).

<http://www.reutershealth.com/archive/2008/02/18/eline/links/20080218elin028.html>

16. "Report says half a million cancer deaths have been averted since death rate drop," (Eurekalert [American Association for the Advancement of Science], February 20, 2008).

[http://www.eurekalert.org/pub\\_releases/2008-02/acs-rsh021808.php](http://www.eurekalert.org/pub_releases/2008-02/acs-rsh021808.php)

17. "Sleep apnea dangerous for stroke patients," (Reuters Health, February 19, 2008).  
<http://www.reutershealth.com/archive/2008/02/19/eline/links/20080219elin029.html>
18. "Physical job activity may cut prostate cancer risk," by Joene Hendry (Reuters Health, February 19, 2008).  
<http://www.reutershealth.com/archive/2008/02/19/eline/links/20080219elin004.html>
19. "Overweight and obese men have lower PSA values, even before they get prostate cancer," (Eurekalert [American Association for the Advancement of Science], February 19, 2008).  
[http://www.eurekalert.org/pub\\_releases/2008-02/dumc-oao021908.php](http://www.eurekalert.org/pub_releases/2008-02/dumc-oao021908.php)
20. "Radiation for Recurrent Prostate Cancer Appears to Improve Survival," by Allison Gandey (Medscape Medical News, Feb. 20, 2008). Note: Medscape requires free registration before providing articles.  
<http://www.medscape.com/viewarticle/570455>
21. "Memory loss and other cognitive impairment becoming less common in older Americans, study finds" (Eurekalert [American Association for the Advancement of Science], Feb. 20, 2008).  
[http://www.eurekalert.org/pub\\_releases/2008-02/uomh-mla021808.php](http://www.eurekalert.org/pub_releases/2008-02/uomh-mla021808.php)
22. "Obesity linked to stroke increase among middle-aged women" (Eurekalert [American Association for the Advancement of Science], Feb. 20, 2008).  
[http://www.eurekalert.org/pub\\_releases/2008-02/aha-olt\\_1021408.php](http://www.eurekalert.org/pub_releases/2008-02/aha-olt_1021408.php)
23. US DEPARTMENT OF HEALTH AND HUMAN SERVICES, ASSISTANT SECRETARY FOR PLANNING AND EVALUATION REPORT: "Medicaid-Financed Nursing Home Services: Characteristics of People Served and Their Patterns of Care, 2001-2002," (January 2008, .pdf format, 33p.).  
<http://aspe.hhs.gov/daltcp/reports/2008/mfNHserv.pdf>
24. NATIONAL INSTITUTE ON AGING GUIDE, PRESS RELEASE:
  - A. "End of Life: Helping With Comfort and Care," (February 2008, .pdf format, 68p.).  
<http://www.nia.nih.gov/HealthInformation/Publications/endoflife>
25. DEPARTMENT OF HEALTH AND AGING [AUSTRALIA] PRESS RELEASE:
  - A. "Strengthening guidelines for investigation of clinical issues in aged care - post-Broughton Hall," (February 2008, .pdf and HTML format).  
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26. RAND CORPORATION RESEARCH BRIEF: "Improving Quality of Health Care for Older Adults," by Joshua Chodosh, David Solomon, Carol P. Roth, John T. Chang, Catherine MacLean, Bruce Ferrell, Paul G. Shekelle, Neil S. Wenger, David A. Ganz, Caren Kamberg, Takahiro Higashi, Lillian Min, David Reuben, Roy Young, Debra Saliba, John Schnelle, Eric L. Knight, Jerry Avorn, Laurence Rubenstein, N. Gnanadesigan, John L. Adams, Rick L. Smith, Constance Fung, Martin O. Roland, Elizabeth A. McGlynn, David Reeves, Steven M. Asch, Eve A. Kerr, Richard K. Besdine, Alpesh Amin, Dan G. Blazer, Terry Fulmer, Mark Grunwald, William J. Hall, Paul R. Katz, Dalane W. Kitzman, Rosanne M. Leipzig, D. S. Zingmond, K. H. Wilber, Patricia A. Ganz, Harvey Cohen, and Ronnie A. Rosenthal (2008, .pdf format, 4p.).  
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