

1. Long-term Care Choices for Seniors, families and caregivers in any state

There are many options to help today's older adults age well and live well. Long-term Care Choices is a step-by-step tool that will:

- help you figure out what you need to live well and age well,
- guide you to resources in your community, and
- create a plan for you.

Whether you are making plans for yourself, your parent or spouse, or a friend, this tool can help you.

This website also includes free translation assistance consisting of a toll-free number for help in Spanish, Serbo-Croatian, Hmong, Vietnamese, etc. <http://www.longtermcarechoices.minnesotahelp.info/>

2. US NATIONAL INSTITUTE ON AGING MEETING SUMMARY: "Notice of a Report from the National Institute on Aging Meetings on New Interventions for Menopausal Symptoms" (NOT-AG-08-009, Aug. 14, 2007, .pdf format, 29p.). <http://grants.nih.gov/grants/guide/notice-files/NOT-AG-08-009.html>

3. ILCUSA REPORT: "ILC Policy Report" (International Longevity Center, USA, August 2007, .pdf format, 6p.). The ILC Policy Report is "a monthly compilation of longevity news and trends in the U.S. and abroad." <http://www.ilcusa.org/lib/pdf/august%2007.pdf>

4. AARP PRIME TIME RADIO: The following Prime Time Radio show (Real Player format, running times, between 23 and 30 minutes) has been added to the PTR site: Guided Care (Aug. 21, 2007). Why Wills Won't Work (Aug. 21, 2007) <http://radioprime.org/>

Note: this is a temporary address. When new PTR shows are released, these will be available at: <http://radioprime.org/radioprograms.htm>

5. AARP WEBISTE UPDATE: AARP'S Global Aging Program Has Recently Updated its "Portfolio on Long-term Care." AARP Portfolios are meta-pages linking to "resources on specific global aging issues." <http://www.aarp.org/research/international/portfolio/ltc.html>

AARP Portfolios: <http://www.aarp.org/research/international/portfolio/>

6. The \_Los Angeles Times\_ has just completed a four part series: "Chasing Memory" (Aug. 21-24, 2007). Note: \_LAT\_ requires free registration before providing article. All articles are by Terry McDermott. All articles are linked to from: <http://www.latimes.com/news/science/la-na-memoryfirst19aug19,0,5585770.story>