

## RESOURCES week of 12.21.07

1. "Tufts [University] researchers update their food guide pyramid for older adults" (Eurekalert [American Association for the Advancement of Science], Dec. 20, 2007).  
[http://www.eurekalert.org/pub\\_releases/2007-12/tuhs-tru121707.php](http://www.eurekalert.org/pub_releases/2007-12/tuhs-tru121707.php)

### 2. URBAN INSTITUTE REPORT:

A. "Volunteer Transitions among Older Americans," by Barbara Butrica, Richard W. Johnson, and Sheila R. Zedlewski (Discussion Paper 07-06, October 2007, .pdf format, 25p.).  
<http://www.urban.org/url.cfm?ID=411582>

B. "Retaining Older Volunteers Is Key to Meeting Future Volunteer Needs," by Barbara Butrica, Richard W. Johnson, and Sheila R. Zedlewski (\_Perspectives on Productive Aging No. 8\_, December 2007, .pdf format, 6p.). <http://www.urban.org/url.cfm?ID=411580>

C. "Are We Taking Full Advantage of Older Adults' Potential?" by Sheila R. Zedlewski and Barbara Butrica (\_Perspectives on Productive Aging No. 9\_, December 2007, .pdf format, 8p.).<http://www.urban.org/url.cfm?ID=411581>

D. "Will Retiring Boomers Form a New Army of Volunteers?" by Sheila R. Zedlewski (\_Perspectives on Productive Aging No. 7\_, December 2007, .pdf format, 8p.).  
<http://www.urban.org/url.cfm?ID=411579>

3. NEW JERSEY NEWS: " Baby boomers confront stuff that their parents have left behind," by Virginia Rohan (Bergen Record, Dec. 16, 2007).  
<http://www.northjersey.com/page.php?qstr=eXJpcnk3ZiczN2Y3dnFIZUVFeXkxNjcmZmdiZWw3Zjd2cWVIRUV5eTcyMzM1NzgmeXJpcnk3ZiczN2Y3dnFIZUVFeXk3>