

1. Changes in Women's Retirement Issues Outlined

The MetLife Mature Market Institute and the Women's Institute for a Secure Retirement recently surveyed women of different generations to find out how retirement has changed from the past generation of retired women. The results were compiled into a booklet, titled "What Today's Women Need to Know- A Retirement Journey," which contains a retirement savings and planning checklist for each decade with guidelines for women from their 20's to their 70's. Visit www.metlife.com/WPSAssets/13834883971181741311V1FWhatTodaysWomanNeedstoKnow.pdf to view this report.

2. Two Releases Paint Broader Social Security Picture

Social Security remains the only universal source of retirement income for the vast majority of Americans; for most, it is the most relevant source of retirement income after a lifetime of hard work. The Center for American Progress has released a new report, called "An Oldie But Goodie: The Importance of Social Security as Source of Retirement Income," on the significance of Social Security as a source of income, which can be found at www.americanprogress.org/issues/2007/08/social_security.html

The American Academy of Actuaries has also issued a brief that discusses the fact that women are more reliant on Social Security, yet on average receive lower benefits than men. The information is available at www.actuary.org/pdf/socialsecurity/women_07.pdf

3. Special Issue on Nature on aging

The international weekly science journal Nature is currently offering free access to a special issue on aging. This collection draws together recent articles on the process of aging and the connections that exist between growing older and disease. This resource can be found online at

www.nature.com/nature/supplements/collections/ageing/index.html.

Print copies are also available on request.

4. Free Aging Article Series

The International weekly science journal Nature is currently offering free access to a special issue on aging. This collection draws together recent articles on the process of aging and the connections that exist between growing older and disease.

This resource can be found online at

<http://www.nature.com/nature/supplements/collections/ageing/index.html>. Print copies are available upon request.

5. AARP PRIME TIME RADIO: The following Prime Time Radio shows (RealPlayer format, running times, between 23 and 30 minutes) have been added to the PTR site:

When I Live to be 100 (Oct. 23, 2007).

The Human Genome Project - Looking Into Your Future (Oct. 23, 2007).

<http://radioprime.org/>

Note: this is a temporary address. When new PTR shows are released, these will be available at:

<http://radioprime.org/radioprograms.htm>

6. INTERNATIONAL LONGEVITY CENTER USA WEBSITE UPDATE: "The IIC-USA is pleased to announce an exciting new resource: our redesigned Web site featuring the latest news and research on the complex issues facing our aging population. Using the latest Web 2.0 technology, users can now comment on stories, watch on-demand video, subscribe to RSS feeds, and purchase publications online, making the site an interactive clearinghouse for all matters relating to today's unprecedented increase in longevity. The new site is organized into six categories: ageism, caregiving, financing longevity, healthy aging, politics and health care, and sleep. Information is tailored to appeal to a variety of audiences including journalists, corporate executives, academic researchers, and the general public. A highlight of the new redesign is our Ageism in America blog, which invites visitors to join ILC-USA staff and expert guests in an ongoing conversation about age discrimination practices in the United States." For more information see:

<http://www.ilcusa.org/>

7. "The Ethics of Dividing Inheritance," by Steve Inskeep (US National Public Radio _Morning Edition_, Oct. 26, 2007, audio software required to listen to this transcript, running time 4 minutes, 2 seconds).

<http://www.npr.org/templates/story/story.php?storyId=15655325>