

1. US NATIONAL INSITUTE OF HEALTH NEWS RELEASES: B. "Advice for Older Adults on Staying Safe in Hot Weather: Risk of Heat-Related Problems Increases with Age" (Jul. 31, 2008).

<http://www.nih.gov/news/health/jul2008/nia-31.htm>

2. \_US NEWS AND WORLD REPORT ARTICLE\_: "4 Cellphones for Seniors: Seniors can use these phones for emergencies," by David LaGesse (Jul. 29, 2008).

<http://www.usnews.com/articles/business/technology/2008/07/29/4-cellphones-for-seniors.html>

3. Volunteering in America: "The Corporation for National and Community Service (the Corporation) is pleased to present Volunteering in America: 2008 State and City Trends and Rankings. The Corporation has again partnered in producing this comprehensive report with the Bureau of Labor Statistics and the U.S. Census Bureau. The 2008 report updates and unifies information previously published in separate state and city reports, and greatly expands local information, presenting data from 162 of our nation's large and mid-size cities." <http://www.volunteeringinamerica.gov/index.cfm>