

## 1. IOWA'S CASH AND COUNSELING PROGRAM--CONSUMER CHOICES OPTION:

An In-home service program for elders and disabled

a. The Developing Choices program will provide consumers the option to control their own Medicaid Waiver services. Consumers will receive a monthly budget based on his/her needs, and will be able to use this money to hire personal assistant services, make home modifications, and more. Support brokers will work with consumers to develop and revise individual budgets. Consumers will have the option of appointing a representative, and being part of a peer support group. This program is available statewide in Iowa.

### Quick Facts about Developing Choices

Goals: To use public funds as investments in people's lives rather than as mere mechanisms to purchase human services

Target population: Older Iowans and people with physical disabilities

Number of anticipated participants: 400 participants in the first year

Waiver used: 1915 (c) Waiver

Lead agency: Iowa Department of Human Services

Project Director: Eileen Creager

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<http://www.cashandcounseling.org>

And [http://www.cashandcounseling.org/about/participating\\_states/iowa](http://www.cashandcounseling.org/about/participating_states/iowa)

b. Additionally, a handbook from the State of Iowa, Department of Human Services, Bureau of Long-term Care, and the Iowa Medicare Enterprise was published January 4, 2008. Included is how to order the handbooks. [Medicaid Consumer Choices Option.](#)

2. "Finding Day Care - For Your Parents," by Jeff D. Opdyke (Wall St. Journal, January 10, 2008, P. D1). Note: Full Text of the Wall St. Journal is available, for a fee, at: <http://www.wsj.com/>

Full Text is also available (usually on a one day delay) via the ProQuest Newspaper Library, for the Eastern Edition only. These articles are taken from the Midwest Edition. Do a "guided search" on article title words for the date of the article.

3. RESEARCH CENTER FOR ARTS AND CULTURE, TEACHERS COLLEGE, COLUMBIA UNIVERSITY REPORT: "Above Ground: Information on Artists III Special Focus New York City Aging Artists," by Joan Jeffri (2007, .pdf format, 209p.)

[http://www.tc.edu/rcac/pdf/IOA\\_III\\_Aging\\_FULL\\_REPORT\\_Final.pdf](http://www.tc.edu/rcac/pdf/IOA_III_Aging_FULL_REPORT_Final.pdf)

More information about RCAC: <http://www.tc.edu/rcac/>

4. JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION\_ CAPITOL HEALTH CALLEXTRACT: "Nursing Homes Scrutinized," by Mike Mitka (Vol. 299, No. 2, Jan. 9/16, 2008, p. 163).

<http://jama.ama-assn.org/cgi/content/extract/299/2/163>

5. US National Institutes of Health Seniorhealth.gov update. Seniorhealth.gov has added a section on "Participating in Clinical Trials." (January, 2008).

<http://nihseniorhealth.gov/participatinginclinicaltrials/toc.html>

Seniorhealth.gov <http://nihseniorhealth.gov/listoftopics.html>